

T H E  
**KARA**  
LOUNGE & GRILL

LUNCH MENU

FOLLOW US



# LUNCH MENU

(Monday - Friday: 12:00 - 16:00)

(Except Special days inc Bank Holidays)

**£14.95**

(Per person)

## LET'S START

### Halloumi (V) (GF)

Grilled Cypriot halloumi cheese served with sweetcorn and raspberry purée

### Sucuk (D)

Grilled spiced beef sausage with yoghurt sauce and hummus

### Falafel (V) (D)

Mixture of chickpeas & broad bean with yoghurt sauce, fused with spices and served with hummus

### Calamari (D) (G)

Fried fresh squid served with tartar sauce and lime

### BBQ Wings (Se)

Grilled chicken wings with BBQ sauce, sesame seeds and spring onions

### Sigara Boregi (V) (G) (D)

Homemade deep-fried pastry cigars filled with herbs, cheese, spinach and mint. Served with sweet chilly sauce and grated Parmesan

### Mixed Olives (V)

Green and black olives marinated in olive oil, lemon zest, thyme and chilli flakes

### Hummus (V)

A creamy blend of chickpeas, tahini, garlic, lemon juice and olive oil

### Cacik (V) (D)

Finely grated cucumber dressed with yoghurt, mint, dill, garlic, mayo and olive oil

### Pink Lady (V) (D)

Beetroot, yoghurt, garlic, mayo and olive oil

### Shaksuka (V)

Thin slices of aubergine, potato, tomato sauce, garlic, onion & pepper.

### Patlican Sogurme (V) (D)

Grilled aubergines with olive oil, tahini, yoghurt and garlic

## MAIN COURSE

### Chicken Wings (G) (D)

Marinated chicken wings grilled on charcoal

### Adana Kofte (G) (D)

Skewered minced lamb grilled on charcoal

### Chicken Shish (G) (D)

Marinated cubes of Chicken breast grilled on charcoal

### Lamb Ribs (G) (D)

Marinated Lamb Ribs grilled on charcoal

### Chicken Kofte (G) (D)

Skewered minced chicken grilled on charcoal

### Wagyu Beef Burger (G) (D)

Cheddar cheese, caramelised onion, gherkin, lettuce and tomato

### Grilled Melt Chicken Burger (G) (D)

Cheddar cheese, caramelised onion, gherkin, lettuce and tomato

### Fillet of Sea Bass (D)

Pan-fried seabass fillet served with sautéed baby veg, creamy mash potato and creamy mustard sauce.

### Sea Food Casserole (CR) (D)

Mixed fresh seafood, mushroom, peppers, garlic, tomatoes & onions, topped with a rich tomato sauce.

### Falafel (V)

Mixture of chickpeas and broad bean, fused with spices on a bed of our homemade hummus

### Moussaka (V) (G)

Layers of potato, aubergine, courgette, mixed peppers, carrots with béchamel and homemade tomato sauce

### Greek Salad (V) (D)

Cucumber, tomato, onion, parsley, olives, feta cheese and oregano

(V) Vegetarian / (VG) Vegan / (G) Gluten / (GF) Gluten Free  
(D) Dairy / (E) Egg / (Se) Sesame / (N) Nuts / (CR) Crustacean

### Food allergies and intolerances;

Please speak to our staff about the ingredients in your meal, when making your order. Thank you